What is Peer Mentoring?

Peer mentoring is about older pupils supporting younger pupils by meeting regularly and passing on their experience of school life.

Peer mentors are students from our College Sixth Form

A mentor is someone who you can talk to about any concerns that you have both inside and outside school.

A Mentor is a student who will listen to you, they can’t make decisions for you but can help you think through options, problems or concerns.

They support, lead by example, they listen and can assist students experiencing difficulties.

The mentor:
Doesn’t judge;
Listens;
Helps find solutions;
Is reliable and trustworthy;
Is open-minded;
Is friendly and approachable;
Is supportive;
Knows how and where to find information to help students;
Is discreet

Any student can arrange to see a peer mentor, either as a one-off or regularly.
Ask your Form Teacher, Head of Year, Mrs Jones or Mr Haire

Settling in St. Anselm’s College
Worries over work
Difficulties with friends
Bullying
Exam or revision support
Difficulties at home

Please note: The mentors are available to discuss any issue a student may be having: at school, with friends or at home. Pupils are encouraged to speak in confidence but must be aware that although what they say will not be passed onto anyone outside the peer mentors, mentors are encouraged to discuss things with each other or the co-ordinator.

Anything which is discussed which is deemed to compromise anyone’s safety will, in all circumstances, be passed onto an appropriate staff member.

If you are interested in becoming a Peer Mentor please speak to Mrs Jones or Mr Haire.